











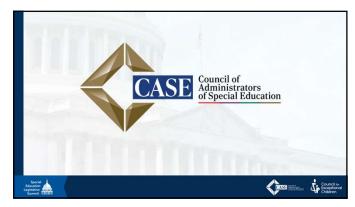
CEC Board of Directors • Anna Adl • Adam Moore • Radha Bala • Wendy Otheim Amy Braddock • Ruby Owiny • Jennifer Diliberto • Mabel Rivera • Jennifer Lesh • Zelphine Smith-Dixon • Concetta Lewis Kareem Thompson • Toni Mixon • Ben Tillotson Council to Exception Children

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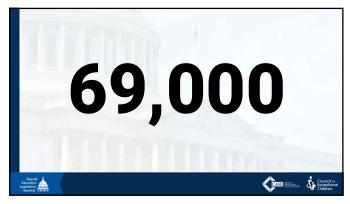




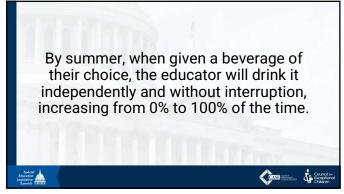






























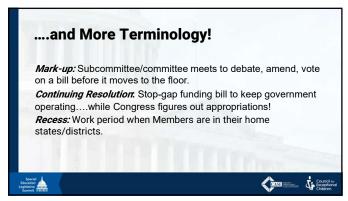


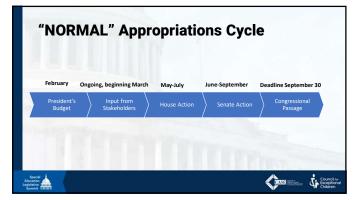






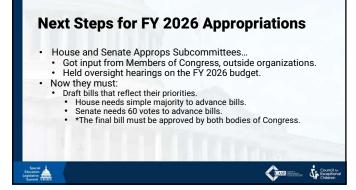


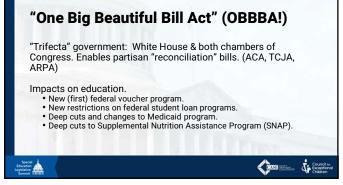






Status of FY 2026 Appropriations • FY 2026: Begins Oct. 1, 2025. • President's budget released in May – Just a proposal! • Cuts education funding by 15.6% (\$12.4 billion). • Eliminates 30 education programs overall: • Javits Gifted and Talented, Special Education Research • Block grants IDEA, rolling current \$\$ for Preschool and Part D National Activities into Part B (K-12 state grants). • Creates K-12 block grant, eliminating 18 programs and cutting current aggregate funding in half. • Eliminates all teacher/administrator prep grants. • WE NEED YOUR ADVOCACY TO STOP THIS PROPOSAL!!!









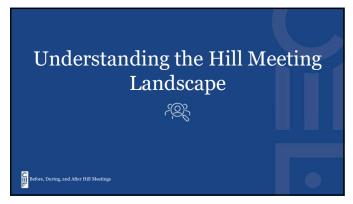


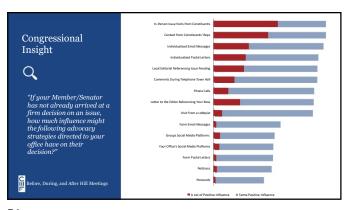












Meetings Still
Matter...but Time is
Tight

Member Time Commitments by the Numbers

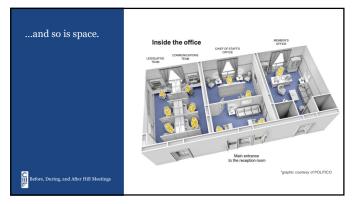
70 avg hours worked per week (in session; 59 hours out of session)

10-20 recorded votes per week

2-6 committee hearings per week

13 average number of meetings per day (~15-20+ meetings per day for legislative/senior staff)

52



53

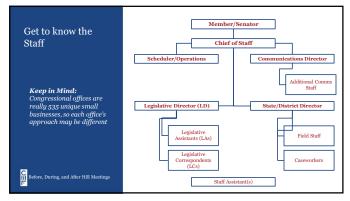
Politics and Pandemics Have Created an Experience Gap

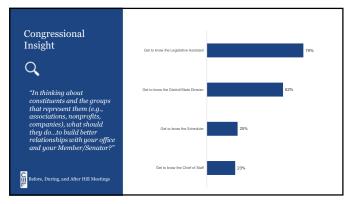
More than half of Members have been in Congress less than 3 terms

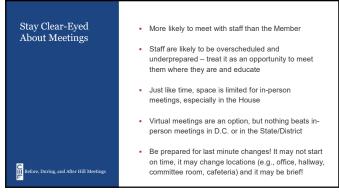
72% of congressional staff are under age 40

Most Legislative Assistants did not experience inperson meetings as junior staffers due to virtual and hybrid work during and following the pandemic

Generally, congressional staff of all levels have less meeting experience — or have lost some meeting "muscle memory" — due to the disruption of the pandemic years









Top-10 Congressional Scheduling Pet Peeves

- 1. Vague or incomplete information
- 2. Making multiple changes to the original request
- 3. Misrepresenting the request by providing false information about the meeting or attendees' background

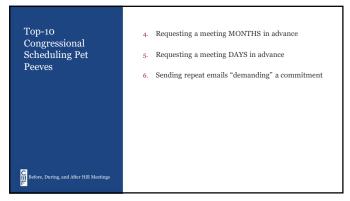
Before, During, and After Hill Meetings

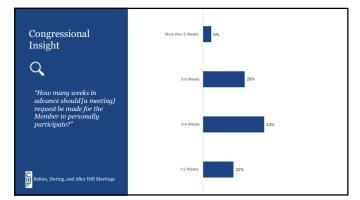
59

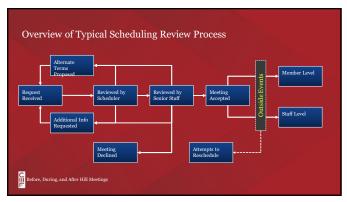




Former Scheduler







Top-10
Congressional
Scheduling Pet
Peeves

7. Refusing to meet with staff
8. Doing an end run around the scheduler by emailing the Member, Chief of Staff
9. Sending only a DC-based person or lobbyist with no ties to the home district/state
10. Not showing up with constituent

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Planning Ahead for Your Meeting Check Your Number of Attendees: Too many people, and you'll end up meeting in the hallway. Keep the group small and strategic. Map Your Journey: Congressional office buildings can be a maze. Double-check the location, building entrances, and room numbers to avoid unnecessary stress. Prepare for Security: Congressional buildings require you to go through security screenings, so plan to bring only necessary items and avoid large items to streamline the process.

Planning Ahead for Your Meeting

Before, During, and After Hill Meetings

Plan to Arrive Early, But Not Too Early: Arrive with enough time to account for security checks and unexpected delays, but don't show up so early that you're left waiting around. Arriving at an office 5 minutes before your meeting is MORE than enough time.

Be Ready for Delays: Congress runs on its own schedule. Prepare for the possibility of your meeting running late or being rescheduled and be prepared to be flexible with your time.

Prepare Ahead of Time for Follow-Ups: Block out time on your calendar to send thank-you emails, share additional materials, etc. Quick action helps keep the momentum going. Sustained action helps you stay relevant.

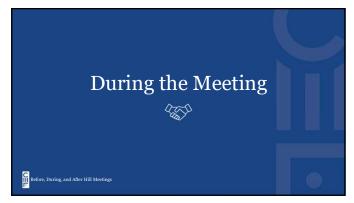
67



"Send materials ahead of time by email - this **starts the communication before the meeting**, good staff will read ahead."

-Senior Legislative Assistant

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Tips for Productive Meetings

Before, During, and After Hill Meetings

Be Clear on the Goal: Know exactly what you want to achieve. Are you seeking support for a bill? Providing information? Building a relationship? A clear goal helps you stay focused and make the best use of the time.

Know Your Issue: Be well-versed in the facts, stats, and relevant background information related to your issue. Be ready to answer questions or provide clarification on any points.

Connect Your Issue to the State/District and Member's Priorities: Demonstrate how your issue aligns with the Member's interests or or affects their constituents can make a compelling case for support.

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Q

"How frequently do you experience the following in constituent meetings?"



90%

of Legislative Staff say constituents frequently do not have data on the impact of a policy/issue on the district/State.

71

Congressional Insight



"How frequently do you experience the following in constituent meetings?"



87%

of Legislative Staff say constituents frequently did not know the policymaker's history on a policy/issue.

What Policymakers Want to Know Questions:

Be Prepared to Have Answers to These Baseline

- What specific action do you want me to take?
- Why would my constituents want me to do that?
- What are the impacts on my state or district?
- What are my constituents' personal stories or connections to the policy?
- Who else is supporting/opposing this policy or action?

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Tips for Productive Meetings

Before, During, and After Hill Meetings

Tell a Story: Facts are important, but connecting your issue to real people or specific situations can make it more relatable and compelling. Personal stories or case studies can leave a lasting impact.

Keep It Concise: Congressional meetings are typically short. Be succinct and prioritize the most important points. Respect the limited time to ensure the meeting stays focused and productive.



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Tips for Productive Meetings

Before, During, and After Hill Meetings

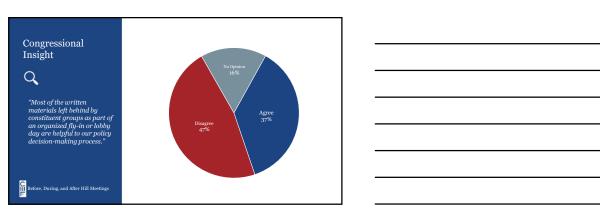
Don't Forget to Make Your Ask: Don't assume the Member or staffer will know exactly what you're asking for. Be clear and specific about the action you hope they

Be Professional and Respectful: Whether you agree or disagree with the Member's stance, maintain professionalism and a respectful tone. Building a relationship is often as important as achieving your immediate goal.

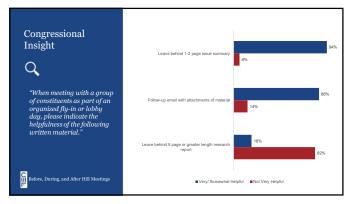
Express Gratitude: Always thank the Member or staff for their time and consideration. Building goodwill can help with future interactions.

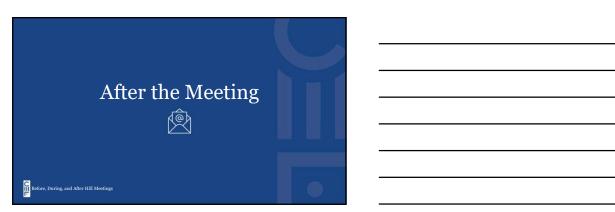
A Framework	Provide Context	"In our community there are"
	Explain the Need	"If x happens, then y"
	Add Details that Connect to Member/District	"This is how this issue is impacting me" "A family I work with in our district is having this experience"
Before, During, and After Hill Meetings	Make The Ask / Thank for Acting	"We can fix this problem and make things better, if" "Thank you all you've already done, please continue to be a champion for"

Be Concise: Your materials should be short, focused, and to the point. Highlight the key facts, your main ask, and relevant information without overwhelming them with too much detail. Make it Relevant: If possible, customize the materials to reflect the priorities and interests of the Member or staffer you're meeting with. Relate your issue directly to their priorities, or their district and constituents. Use Clear, Visual Design: A well-designed handout with clear headings, bullet points, and any necessary charts or visuals can make your materials more digestible. Avoid long paragraphs or dense text that might be skipped over.









Congressional Insight

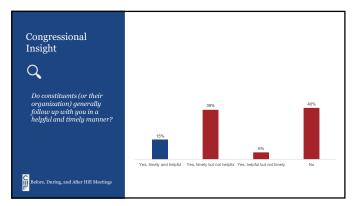
Before, During, and After Hill Meetings



"If there's an ask to sign on to a bill or to sign onto a letter, especially something with a deadline, **and I never hear about it again...** I'm wondering how much of a priority it is to the group."

-Legislative Director

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Tips for Email Follow Up

$First, remember\ your\ audience...$

- Overwhelming Volume: Staff face an overwhelming number of emails daily
- Need for Prioritization: Staff must balance timeliness, urgency, relevance, and alignment with current legislative priorities, often limiting individualized responses and making quick replies challenging.
- Overcoming Noise: Advocates should craft clear, concise, and targeted messages to increase the chances of being heard amidst the high volume.

Before, During, and After Hill Meetings

Tips for Email Follow Up

Before, During, and After Hill Meetings

- The subject line is VERY important and must be concise, shoot for less than 9 words.
- Remember, quick follow-ups are most impactful and relevant
- Reference your meeting but keep the body short, use bullet points
- Send only the most relevant information and remember attachments
- Most messages will be first read on a phone. (Format accordingly)
- A cheerful and thankful tone will go a long way.

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