









Legislative TITIT July 29 - August 1, 2024



Education Legislative TITT

July 29 - August 1, 2024























Is YOUR MOC "Special?" "Yes" if your Rep or Senator is on House Education and Workforce (Labor) Committee. Senate Health, Education, Labor & Pensions (HELP) Committee Labor-HHS-Education Appropriations Subcommittee or full Appropriations Committee (House or Senate). "Make that Supersized" if your Rep or Senator is chair or ranking member of any of the above! If they're not "special," do they matter? YES!











Know before you go...

- Which party?
- · Legislator's voting record?
- Committee assignments?
- Do constituents favor your issue? The legislator?
 Helpful personal information? Your personal

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- connections?Other legislators who can influence their
- Other legislators who can influence their decision?
- "Opposition" arguments?

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 Prepare a concise message.

 • Make sure they get WHO you are and WHAT you do!

 • Don't worry about hitting every point

 Practice your message, so you don't have to read it..but notes are fine!

 Don't just talk...be a good listener, too!

 No 300-page reports. 1-2 page summaries are great.

 Your #1 goal: Become the "go-to" person on special education!



















Why talk about mental health in schools?

- Mentally health children are more successful in school & life.
- There is a growing & unmet need for mental & behavioral health services for children & youth.
- Schools are an ideal place to provide these services.
- Comprehensive MH/behavioral health services support schools' mission: Learning!
- Comprehensive services are essential to creating & maintaining safe schools.
 Source: National Assn of School Psychologists.

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Mentoring and Mental Health

Caden Fabbi Director, Government Relations

MENTOR

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Who Are We?

MENTOR is the **unifying champion** for expanding the quality and quantity of mentoring relationships across the United States.

MENTOR is the **expert voice** representing a movement that meets young people everywhere they are – from schools, to workplaces, and beyond.

We operate in collaboration with **24 Affiliates across the country** who serve as community-based experts to galvanize local mentoring movements.

Why Us?

Potential is equally distributed; opportunity is not.

A major driver of healthy development and opportunity is who you know and who's in your corner.

More than 30 years ago, MENTOR was created to expand opportunity for young people by building and convening a youth mentoring field and movement. Since our founding, there has been a **10x increase in young people in mentoring relationships.**

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Mentoring & All Mentors Make a Difference

We believe that mentoring relationships can be a tool to drive equity and that all young people deserve caring adult relationships outside their family.

That's why we work to create and expand connections for young people everywhere they are.

Our movement honors, supports, and elevates positive relationships and *everyone* who mentors young people.

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Mentoring is Prevention

Quality mentoring **strengthens protective factors** that can buffer against mental health risks and mitigate mental health challenges.

- Relationships with supportive adults are considered a key developmental asset, creating a nourishing environment for adolescents to explore the world around them (*Youth-Nex*, 2023).
- Mentoring programs can offer support at **all three prevention levels** (primary, secondary, and tertiary) (*Kaswa, R., 2021*).
- Mentoring has a positive effect on *all* youth outcomes included in a recent meta-analysis, from mental to physical health to academics to career planning and preparation (*Raposa*, *E.*, 2019).



Mentoring Improves Mental Health

- Having a mentor is associated with higher life satisfaction and positive wellbeing in adulthood. (Chan, et. al., 2024.)
- Mentored youth report stronger mental health when they were growing up and stronger mental health today as adults. (Garringer & Benning, 2023).
- Mentoring programs can help reduce symptoms of depression and other mental health conditions. (Bauldry, S., 2006).
- Programs that target youth with emotional or behavioral problems are viable candidates for serving as alternative or adjunctive interventions to improve the mental healthcare service delivery system. (Meyerson, D.A., 2013).



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Mentoring Combats Loneliness and Isolation

Mentoring programs, by definition, connect youth to additional adult or peer supports. **There may be no more direct way to reduce isolation and loneliness for a youth** than providing them with a relationship.

- Mentoring relationships can improve **broader, community**level social connectedness (King, C.A. et. al., 2018).
- Surgeon General report listed mentoring as a recommended strategy for supporting youth who are experiencing social disconnection and associated challenges (Office of the Surgeon General, 2023).

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What mentoring is <u>not:</u>

- A substitute for professional mental health services from licensed providers
- The sole solution to the youth mental health crisis
- The only funding stream that governments should be investing in to address the youth mental health crisis



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Opportunities Ahead

- To help mentoring programs address the youth mental health crisis, governments must increase their investment into community-based organizations and innovative programs that serve young people everywhere they are.
- One in three young people in the United States will not have a mentor at some point in their childhood the "mentoring gap" which has grown in recent years among Gen Z. (Garringer, M. & Benning, Chelsea, 2023.)
- The average mentoring program has 63 young people on their waitlist
- Nearly 9 in 10 people feel that more mentoring is needed in our country
- More than 8 in 10 people support the use of government funds to grow mentoring opportunities

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Resources

- Mentoring and Mental Health Research Summary
- Mentoring and Loneliness/Isolation Research Summary
 Advancing Inclusive Mentoring Policy and Programmatic
 <u>Priorities</u>
- Becoming a Better Mentor: Strategies to Be There for Young
 People
- Elements of Effective Practice for Mentoring (fifth edition coming soon!)
- Inclusive Mentoring for Youth with Disabilities Supplement
 National Mentoring Resource Center
 - Model/Population Review: Mentoring for Youth with Disabilities



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HEALTHY MINDS a pilar of PTA's Healthy Lifestyles

Seeks to support PTAs and families on their journey to make **mental health a priority** by providing **tools and resources** to empower families to take **action**.

















How We Can Work Together

- ✓ Access our resources at PTA.org/HealthyMinds or PTA.org/Advocacy
- ✓ Work with and/or join your PTA partners at the local, state and national level



PTA.org/Advocacy

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Our "Asks!"

Members of Congress are urged to:

- Support the *CARE for Student Mental Health Act* in the Senate (S. 4041) to authorize the two MH grants to address the pipeline for and shortages of school-based mental health professionals.
- Provide \$250 million within Safe Schools National Activities divided between School-Based MH Services Grant program & School-Based MH Services Professional Demonstration Grant.

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Team Time

The following states will meet in breakout rooms.

- Illinois: Banneker
- Virginia: Bell
- Utah: Whitney

Special Education Legislation Summit

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Special Education Legislative Summit July 29 - August 1, 2024









Agenda

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- Introductions and Stage Setting
 Education Funding Overview
 IDEA Funding Overview
 The "Asks" for CEC

- Advice and Takeaways

Important Terms: Reminder Authorization • Establishes a program and *can* setting funding limits. • Example: Individuals with Disabilities Education Act Appropriation • Funds an authorized program. • Example, #SELS2024

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Importance of School Funding Why does funding matter? Let's state the obvious: education costs money. It isn't free. Money matters for student learning and achievement. Money is not the silver bullet. But it DOES matter.

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Importance of Federal Education Investments

- + Federal dollars are, on average, ~11% of an LEA operating budget.
- Not a huge, but definitely a significant portion of an operating budget.
- Key federal programs bolster supports for specific populations, and include Title I and IDEA, among others.
 Title II, IV and Impact Aid are other key USED programs











Federal Funding Looks D	Different Across Districts
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	States w/ More Than Half of LEAs Operating w/ Federal Share Greater Than 15%	
AL HI NC AK	LA	
AK ID ND AL	MO	
AR KY NM AR	MS	
AZ LA OK AZ	MT	
CA MI SC GA	OK	
FL MS TN ID	TN	
GA MT WV KY		

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- Nearly \$700 billion per year flows through the K-12 public schools.
- The way dollars flow from funding sources to classrooms is complicated and often mysterious.
- Many dollars flow through more than one funding formula before reaching students, making it even harder to follow the money.
 School districts are funded with a combo of state, federal, and local dollars, many of which come with a dizzying list of regulations dictating how, where, and on whom they may be spent.
- Federal grants (Title, IDEA) are allocated to districts based mainly on student need.
- State-provided education funds go through a state-specific funding formula to calculate the amount
 of the state education budget that will be allocated to each district in the state.
- State general aid funding formulas typically take into account district enrollment, student characteristics, and community wealth.
- States also provide categorical grants that are more similar to federal funds, in that they are restricted to specific kinds of expenditures. Source: Allovue











But Really: Who? 9. Myriad Players 9. Congress, Administration, and stakeholders 9. State: State board of education, governor, state agency, legislature, stakeholders 9. Local: School board, superintendent, other local government, unions, stakeholder- Role of state and local school boards, superintendents, and principals

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IDEA Funding & AASA

- Top legislative priority
- It's the closest thing we have to a silver bullet in education

- Proud to co-chair IDEA Full Funding Coalition
- Looking forward to 50 years of IDEA in 2025!

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Use of Funds

Examples of allowable uses of IDEA Part B funds include:

- Adaptive education
 Special education teachers
 Aides and paraprofessionals
- Job coaches

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- Specialized services (e.g., audiology, PT, OT)
 Child find activities

- Accessible playground

• Specialized equipment ESY services

equipment Transition services ٠

Evaluations

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- Assistive technology
- And more

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IDEA Full Funding Act The IDEA Full Funding Act (H.R. 4519/S.2217) would put funding for IDEA Part B on a glidepath to full funding within a decade. Check out the cosponsors on congress.gov to see if your Members support!

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Educator Shortage

- Nearly 9 in 10 schools struggle to hire qualified educators
- 86% of districts had trouble filling their open positions for the 2023-24 school year.
- Around 70% of educators say their school is understaffed, leading to a heavier workload.
 Nearly 60% of schools have trouble finding substitute teachers.
- Nearly 60% of schools have trouble finding substitute teachers.
 In K-12 education, 39% of teachers say they feel burned out "very often" or "always."
- More than three-quarters of teachers find their jobs stressful on a regular basis.

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Paraeducator

- 552,677 paraeducators serving children with disabilities and only 487,299 special education teachers (U.S. Department of Education 2024)
- Paraprofessionals' attrition rates have increased over time. The attrition rate for paras in the 2021-22 school year was 23%, up sharply from 8% in the 2008-09 school year.

Grow Your Own Program options

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Shortage Crisis

- Without significant intervention, by the 2025-26 school year, there is projected to be a shortfall of roughly 200,000 public school teachers.
- Based on Bureau of Labor Statistics projections, between 2020 and 2030, <u>37,600 new special education teachers</u> are required to keep up with demand.
 - From 2010 to 2020, the number of students who receive special education services increased by approximately 800,000 students.
- In 2018, there were <u>one-quarter fewer Black and Latinx teacher</u> <u>candidates</u> enrolled in teacher preparation programs than were enrolled in 2010.

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Potential State & Federal Policy Levers

- Lower standards? NO
- Fund recruiting efforts (scholarships, grants)? YES
- \bullet Promote retention programs (mentoring, training)? **YES**
- Improve what we know about the challenge? $\ensuremath{\mathsf{YES}}$

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Budget Opportunities – Title I Title I - Improving Academic Achievement of the Disadvantaged Title I provides all students with "a fair, equitable, and high-quality education, and to close educational achievement gaps." FY2023: ED distributed \$18,386,802,000 in Title I funds to states, supporting 182,214 teaching positions. Title I serves a majority (over one-third) of our nation's public school students.



















EDUCATORS for America Act Strengthen the educator pipeline by attracting, preparing, and retaining effective educators. Supports comprehensive preparation, provides funding for states to create plans to meet their specific personnel needs, improves workforce, and reduces barriers to entry into the profession. Bill sponsors: Sen Jack Reed (-RI); Rep. Alma Adams (D-NC)

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EDUCATORS for America Act

 Authorizes \$500 million annually for grants to support states in developing and implementing a statewide strategy for meeting their educator workforce needs, including ensuring an inclusive and equitable workforce that supports the recruitment, preparation, and retention of populations that are underrepresented in the field of education, including teachers of color, first generation college students, and teachers with disabilities



EDUCATORS for America Act

- Providing recruitment and completion grants to educator preparation programs to ensure that students have the wrap around supports they need to graduate.
- Establishing an education careers opportunity program to expose middle and high school students to the education profession.
- Increasing the capacity of educator preparation programs to meet the needs of the field, including supporting school leader development, faculty professional development and training, offering doctoral fellowships, and promoting innovation and resiliency.

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Preparing and Retaining All (PARA) Education Act

- Supports efforts to attract and retain paraeducators in preschool and K-12 settings. Supports children with disabilities to participate in inclusive settings.
- Bill sponsors: Sen. Ed Markey (D-M); Rep. Annie Kuster (D-NH)
- This bill directs the Department of Education to make allotments to state educational agencies to assist states, local educational agencies, and educational service agencies in recruiting and retaining paraprofessionals in public elementary schools, secondary schools, and preschool programs.

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Para Educator Act

• The *PARA Educators Act* would establish a grant program within the Department of Education to support the recruitment and retention of paraprofessionals in public preschool programs, elementary schools, and secondary schools. This legislation would:

- 1.Provide funding to support state and district efforts to recruit and retain paraprofessionals.
- 2.Prioritize high-need rural and urban areas to ensure grant funding is distributed equitably.
- 3.Provide paraprofessionals with access to high-quality professional development programs that will advance in their careers and benefit their students.

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Supporting Teaching and Learning through Better Data Act

- Data with shortages is lagging, incomplete, and hard to compare across states, failing to reflect the urgency of the issue, requires a National Center for Education Statistics study on current data collections and make recommendations for improvements.
- Bill sponsor: Sen. Tim Kaine (D-VA)
- Without accurate data, local, state and federal policymakers cannot develop evidence-based solutions to address the unique challenges faced in different states or regions.

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Better Data Act

- A major issues lack of access to complete and accurate data on the quantity, quality, and diversity of the teacher workforce. Existing mechanisms-
 - Titles 1 and 2 of Higher Education Act
 - Title 1 of the Individuals with Disabilities Education $\ensuremath{\mathsf{Act}}$
 - National Teacher and Principal Surveys
 - Teacher Shortage Areas data
- Data is out of date and incomplete for understand full scope of the shortages.

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Tomorrow

Grab-and-go Breakfast, 8:00 – 9 am in Edison Foyer



If you need support... Kuna Tavalin (202) 669-2669 Myrna Mandlawitz (202) 812-8113 Kevin Rubenstein (847) 922-0181 Phyllis Wolfram (417) 496-5986 Chad Rummel (202) 631-0520

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Transportation

Three Options

- Uber to the name of the building (Cannon, Longworth, Rayburn)
 \$25-\$35 (beware of Surge pricing)
 20-30 minutes depending on traffic (leave early!)
- Metro from King Street:
- \$3 \$5 per one way
- Route Options:
 - Blue Line (Direct)
 - Yellow Line (Direct)
 - Yellow Line (Transfer)

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